Botched medications, malpractice, the transplant business: when doctors or pharmaceutical companies make mistakes or cross ethical boundaries, this often has serious consequences for patients. One example is thalidomide. Despite inadequate testing, the sleeping pill was marketed from 1957 to 1961, and caused a large number of pregnant women to give birth to children with severe deformities. Less well known, but no less scandalous, is the “Anti-D” affair in the former GDR, where, during 1978 and 1979, thousands of women and many children were infected with hepatitis C through contaminated immunoglobulins. This was not revealed until years later.

This book presents 16 such cases – often the stuff of thrillers, but tragic at the same time. People who reach out for help, are instead deceived and harmed. All the more important are courageous and persistent patients and journalists, who have uncovered medical scandals, publicised them and taken the perpetrators to court. Without this, no one would be learning from the mistakes.

Dr. Eckart Roloff is a science journalist and author. In 1993, he was awarded the Theodor Wolff Prize for his articles on the 1980s haemophiliac scandal in Germany.

Dr. Karin Henke-Wendt is a graduate biologist and medical journalist. She received her doctorate in 1999 from the German Cancer Research Centre (DKFZ) for her thesis on radiation therapy in tumour patients.
... what is needed is clarification, not a cover-up

- **What was behind major medical scandals in Germany**
- **Stories about courageous patients and journalists**
- **Facts for all who care about health**

Eckart Roloff and Karin Henke-Wendt
**Harmed Not Cured**
Major medical and pharmaceutical scandals in Germany
256 pages, 29 b/w illustrations
Paperback
€ 22.00 [D]
ISBN 978-3-7776-2763-2
In some European countries, one in four children is now diagnosed with ADHD (attention deficit/hyperactivity disorder) due to their socially disruptive behaviour. The treatment usually consists of suppressing the symptoms with psychostimulants such as Ritalin. This treatment does not improve school performance, but it curbs the children's creativity and may stigmatise them for their entire lives.

Taking an opposing viewpoint, ADHD expert Dr. Amrei Wittwer focuses on the physical and psychological well-being of the affected children. Because almost all “ADHD patients” are facing difficulties in relationships with adults, she considers that a solution begins with the children's domestic and school environments, instruction of parents and teachers, and by using therapeutic approaches rather than simply sedating the children. “Children are our future”, is a common theme in Sunday speeches. Anyone who takes this point seriously, whether or not they themselves are immediately affected, should think about this important topic.

By the same author:
Amrei Wittwer and Gerd Folkers
Pain
*Pain through a patient’s eyes and what science tells us about it*
2nd edition 2016
216 pages
Softcover
€ 34.– [D]
ISBN 978-3-7776-2646-8

Dr. Amrei Wittwer is a pharmacist. She has worked as a senior resident at the Collegium Helveticum at ETH Zurich and has spent many years researching ADHD and pain.
A pharmacist’s fight against the prescription of psychostimulants on a massive scale

- Better understand ADHD
- How we can really help socially maladjusted children
- A polemic against the mass sedation of our children

Amrei Wittwer
Why ADHD is Not a Disease
A polemic
310 pages
Paperback
€ 29.00 [D]
ISBN 978-3-7776-2794-6
eBook: PDF € 29.00 [D]
ISBN: 978-3-7776-2795-3

IN GERMAN
The twin towers of the World Trade Center were blown up on behalf of the US government. Vapour trails in the sky contain chemicals that cause disease. The moon landing never took place; it was staged in a studio. Many people believe in conspiracy theories: supporting evidence can seem plausible, until you look closely.

To refute conspiracy theories often requires scientific and technical knowledge. Dr. Holm Gero Hümmler has precisely this sort of knowledge, and he is able to communicate it clearly for laypeople. In his book “Conspiracy Myths” he provides guidelines on how to deal with questionable facts. He gives valuable tips for personal research and shows how to deconstruct well-known conspiracy theories – from 9-11 to the “earthquake machine” HAARP, to chemtrails and “Nazi UFOs”. Sometimes, refutation is easy: you only need a sand pit and game pieces ...

Dr. Holm Gero Hümmler studied physics. As an author and guest on radio and television shows he has explored the border regions of physics and technological conspiracy theories. He also volunteers for the Society for the Scientific Investigation of Parasciences.
... and there is no wind on the moon

- **Don’t fall for “Fake News”**
- **Understandable explanations and practical tips**
- **Numerous explanatory illustrations**

Holm Gero Hümler
*Conspiracy Myths. Wie wir mit verdrehten Fakten für dumm verkauft werden*

Holm Gero Hümler
*How we are deceived by twisted facts*

223 pages, 23 illustrations, 1 table

Paperback
€ 19.80 [D]
ISBN 978-3-7776-2780-9

eBook: PDF € 19.80 [D]
ISBN 978-3-7776-2787-8
Humans write history, but nature and coincidence often play a significant part in making history. The weather, volcanoes, celestial bodies, pathogens: all of them can influence historical events. In 413 BC, a lunar eclipse contributed to the defeat of the Athenians by Syracuse. In 1802, Napoleon’s soldiers on Saint-Domingue, the Haiti of today, were carried off in their thousands by yellow fever; the slave revolt that the troops had been sent to suppress succeeded, and the island declared itself independent in 1804.

Nature not only makes history, it can also contribute to the understanding of history. For example, the route that the Carthaginians took over the Alps was only revealed recently by the discovery of ancient manure – not too surprising since Hannibal was accompanied by an estimated 10,000 horses. Sebastian Jutzi relates these and many other (hi)stories in a knowledgeable, entertaining and informative way – a treasure trove for anyone who wants to get to know history from an “unusual” perspective.

Sebastian Jutzi studied biology and journalism, worked as an editor for “Bild der Wissenschaft”, ZDF and FOCUS, among others, and was Editor-in-Chief of the journal “natur”. He is currently the Chief Science Editor at the Paul Scherrer Institute. He has published several books.
Of old manure, a fateful moon and yellow fever in Haiti

- How nature and coincidences write history
- Interesting stories from history
- Includes numerous figures and illustrations

Sebastian Jutzi
When a Virus Defeated Napoleon
How nature makes history
236 pages, 27 illustrations
Paperback
€ 19.80 [D]
ISBN 978-3-7776-2798-4
eBook: PDF € 19.80 [D]
ISBN 978-3-7776-2808-0

IN GERMAN
The human brain is a highly complex and highly functional structure consisting of almost 90 billion nerve cells. But it can go out of sync, due to genetic factors, hormonal effects, trauma or other causes. In extreme cases, our control centre then creates bizarre delusions – brilliant narratives that are completely convincing to the person concerned.

In her second book on such phenomena, Monika Niehaus has compiled 30 rare psychological disorders – from a conviction to have been abducted by aliens, to being sexually attracted to criminals, to the hyperthymestical syndrome where people can remember every detail of their past life. Narrated in an interesting, humorous and sensitive way, the author relates a variety of cases, some of them famous, others less so, while introducing us to the history of art and literature and presenting scientific explanations. This fascinating book shows the genius that resides in our brain – and how madness can often be explained.

Dr. Monika Niehaus is a biologist. She works as a freelance author, journalist and scientific translator. In addition to several non-fiction books, she has also published fiction and short stories.
… but sometimes delusion is not far away

- Recognize and understand delusional disorders
- True cases and stories from all over the world
- Information at a glance with info boxes and illustrations

Monika Niehaus
The Nobel Laureate Who Met a Polite Raccoon in the Woods
When the brain goes mad: 30 rare and unusual mental syndromes
254 pages, 38 illustrations
Paperback
€ 21.90 [D]
ISBN 978-3-7776-2799-1
eBook: PDF. € 21.90 [D]
ISBN 978-3-7776-2810-3

IN GERMAN
What we associate with sleep is shaped by the culture we live in. Whereas the God of the Bible never sleeps, the sinful human falls asleep every night and is thus marked as an inferior being. In the Age of Enlightenment, (too much) sleep was considered a waste of strength, which could otherwise be used to change the world. These days, sleep seems to be subject to the same tenets of usefulness as everything else and is seen to assist with the optimization of one’s self. However, culture and technology also influence how we sleep: for example, the constant availability of light, the modern conditions of work and all sorts of distractions have meant that we no longer follow our natural rhythm – a first sleep before midnight and a second sleep after a longer period of wakefulness, during which we may be active.

In “Good Evening, Good Night”, Karoline Walter uses numerous examples from history, literature and research to illustrate how sleep and sleeping have changed across cultures and eras – an entertaining read, certainly nothing to put you to sleep.
Sleep and sleeping through the ages

- The cultural history of sleep(ing)
- Entertaining and science-based
- Re-discovering sleep as a condition in its own right

Karoline Walter
Good Evening, Good Night
The cultural history of sleep
216 pages, 21 illustrations
Hardcover
€ 22.90 [D]
eBook: PDF € 22.90 [D]
ISBN 978-3-7776-2809-7

In German
For more than 500 years, the clock has dictated the rhythm of life in the Western World. Clocks were impossible to miss: they were on church towers, at railway stations and factories, they struck the hours and urged people to hurry. But these days, clocks and the punctuality they insisted upon are on the retreat. Nowadays, we are rarely asked “What is the time?” and it is no longer customary to present golden watches or clocks to commemorate important life events. Now we rely on mobile devices and displays to tell us the time, the steady stroke of the rigid clock has been replaced by a more flexible network: we stream TV programmes when we feel like it, we listen to podcasts at any time; chatting, flirting and dating no longer requires prior agreement on time and place.

However, what will follow after we have freed ourselves from the chains of the clock god? Emeritus Professor of Economics and time expert Karlheinz A. Geißler shows us that when the influence of the clock disappears, liberating perspectives emerge for experiencing time in social relationships – beyond time pressure and dictates of punctuality.

By the same author:

**No rush**
*Why less speed means more time*
2nd edition 2012. 246 pages. Hardbound with dust jacket
€ 19.80 [D]
ISBN 978-3-7776-2357-3

**Espresso, Espresso**
The small heroes of the daily race
2nd edition 2017. 166 pages
Hardbound with dust jacket
€ 24.-- [D]
ISBN 978-3-7776-1437-3

**Wait a Minute**
*Minima Temporalia*
3rd edition 2004
272 pages
With 11 monotypies by Traute Langner-Geißler
Hardbound with dust jacket
€ 24.-- [D]
alternatives to the dictate of punctuality

- Analyses based on history and sociology
- Surprising insights into our everyday life
- Liberating perspectives for a new way of experiencing time

Karlheinz A. Geißler
The Clock Can Go
The end of the culture of obedience
195 pages
Hardcover with dust jacket
€ 19.80 [D]
ISBN 978-3-7776-2788-5
eBook: PDF € 19.80 [D]
ISBN 978-3-7776-2796-0

Professor Dr. em. Karlheinz A. Geißler was co-founder of the Tutzing project “Ecology of Time” and the German Society for Time Policy. He has explored the way we experience time in numerous publications, radio contributions and lectures.
One wrong word, one perceived insult – a small matter may begin a chain of events resulting in tragedy. This was the case with Anothai S., who died in a brawl in Hamburg in September 2014. A quote from the circumstances of this death, reconstructed by Bruno Schrep for the SPIEGEL magazine, has given this book its title.

“At Night, Everyone is an Enemy” compiles true stories of people who have been torn from their normal lives and plunged into despair from one moment to the next. In one case, it is a rumour that destroys all plans – the accusation of having abused children. Likewise, the information that your father and mother, who raised you, are not your biological parents, can turn your life upside down. And many an accident destroys not only the life of the victim, but also that of the person who caused the accident. As an accurate observer, Bruno Schrep describes human tragedies with empathy, but also with a keen eye for structural problems.

By the same author:

Beyond the Norm
Reports about outsiders in Germany
2004. 102 pages.
18 b/w figures
Softcover
€ 18.-- [D]
ISBN 978-3-7776-1320-8

Before Our Eyes
Reports from German reality
2013. 244 pages. 18 figures
Hardbound with dust jacket
€ 19.80 [D]
ISBN 978-3-7776-2320-7

All My Roses are Blue
Reports from Germany
19 b/w figures
Hardbound with dust jacket
€ 21.80 [D]
ISBN 978-3-7776-1087-0
Tragedies can affect anyone

Human destinies told with sensitivity

A closer look at the society and time we live in

Bruno Schrep, born in Wiesbaden, completed an apprenticeship as a bank clerk. Since 1996, he has been working for SPIEGEL magazine as a reporter in the Germany Editorial Department. He has received several journalism awards.
Sooner or later everything is thrown away. In the consumer society, however, usable and serviceable products that may be as good as new are also thrown away. Such behaviour is the result of a long-term process that has developed over a period of one-and-a-half centuries. The change was led by the USA, and the Federal Republic of Germany followed. It started at the turn of the last century with personal hygiene: articles such as toilet paper, sanitary towels, nappies and paper handkerchiefs. After the Second World War, a large number of other disposable articles were soon added, such as paper cups and plastic dishes, nylon stockings and pens, razor blades, beverage cans and much more besides.

Wolfgang König shows how business and consumers have together made throwing things away perfectly normal – and discusses how the throw-away society may be overcome.

Wolfgang König is retired Professor of History of Technology at the Berlin Technical University and a member of “acatech”, the German Academy of Science and Engineering. He has been awarded several prizes for his work on the history of technology and consumerism.
Consumption, its price and the alternatives: from packaging alternatives to a sharing economy

- Historical review of this phenomenon of the affluent society
- Plea for a sustainable lifestyle
- Discard the throw-away mentality

Wolfgang König
History of the Throw-Away Society
The drawback of consumption
2019. 168 pages
Hardcover with dust jacket
€ 19.80 [D]
ISBN 978-3-515-12500-0
eBook: PDF € 19.80 [D]
ISBN 978-3-515-12503-1
Dirk Eidemüller
The Atomic Age
From nuclear fission to radioactive waste disposal
2012. 183 pages. 16 b/w figures, 11 colour figures, 4 tables
Softcover
€ 19.80 [D]
ISBN 978-3-7776-2181-4

The current debates about energy policy show how important it is to be able to join in the discussion about such fundamental topics as nuclear energy. Dirk Eidemüller’s book is explaining the fundamentals of atomic energy from nuclear fission to radioactive waste disposal in a way that everybody can understand.

Jörg and Michael Müller (eds.)
Under 2 Degrees?
The real benefits of the Paris Agreement
2016. 320 pages, 16 illustrations, 1 table
Softcover
€ 19.80 [D]
ISBN 978-3-7776-2570-6

In December 2015 the world community committed itself to achieving specific climate goals in the Paris Climate Accord in order to limit global warming to under 2 degrees. But how can this target be reached? What must politicians in particular do so that we can actually meet these goals?

Ingo Froböse, Michael Hamm
Vitality Beyond 50
Your nutrition and exercise programme
Third edition 2018
175 pages, 233 colour figures
Softcover
€ 22.80 [D]
ISBN 978-3-7776-2711-3

Who doesn't want to stay healthy and active despite getting older? Sports scientist Professor Ingo Froböse and nutritionist Professor Michael Hamm show you how. Their simple magic formula for staying young and dynamic is to eat right and keep moving. With this guide you can become an expert yourself and put together your own nutrition and exercise plan. Fitness is not a question of age – read up on how to stay active.

Joachim Merk and Thomas Horstmann
Activating the Knee
120 exercises for osteoarthritis and after joint replacement, injuries and surgery
6th updated and enlarged edition 2018
196 pages, 362 colour figures
Softcover
With training diary and original ‘Thera-Band’
€ 24.80 [D]
ISBN 978-3-7776-2673-4

Activating the Knee provides 120 exercises to stretch, strengthen and improve mobility, with detailed photographs and clear instructions. They can be combined to create a personalized exercise program.

Chinese (simplified)
LANGUAGE RIGHTS SOLD
Dietrich Mebs
Living with Poison
How plants and animals manage toxins and what we can learn from them
2016. 159 pages, 5 b/w and 42 colour illustrations
Softcover
€ 24.90 [D]
ISBN 978-3-7776-2575-1

Developing toxins or resistance against them is a question of life or death for many plants and animals. Dietrich Mebs shows what creative solutions evolution has found for a wide variety of substances and in doing so solves some of its most deadly puzzles.

Gábor Paál
Why do Clouds not Fall from the Sky?
Ask Paál! Aha effects for inquisitive people
2018. 272 pages, 20 illustrations
Softcover
€ 19.80 [D]
ISBN 978-3-7776-2758-8

The universe, nature, science, people and our routine life continue to make us marvel and to question. And these are exactly the sort of questions that the science journalist Gábor Paál has been investigating for years. Together with experts from the most diverse specialties he finds answers that are frequently surprising and which he always explains in an interesting and understandable way.

Nikola Schwarzer
What We Like to Eat and Why That is So
2018. 183 pages, 79 colour photos, 104 illustrations, 2 tables
Hardcover
€ 36.00 [D]
ISBN 978-3-7776-2724-3

Chemist and blogger Nikola Schwarzer has combined her two passions – baking and natural sciences – and even added her third passion – photography – into the mix. The result is a book that is not only a feast for the sweet palate but also for the eyes, that is not only extremely appetising but also offers food for thought for those thirsty for knowledge.

Michael Sztenc
Rediscovering Sex
From pressure to pleasure in bed – an exercise book for men
2018. 189 pages, 41 illustrations
Softcover
€ 22.00 [D]
ISBN 978-3-7776-2714-4

Penises are clever guys, sensitive and touchy. At least that's what Michael Sztenc says. And as a sex and couples' therapist who has worked on male sexuality for over 25 years, he should know. With practical exercises that have been tried and tested for years, he helps the men who come to him with their problems to develop a sense for their bodies and their own eroticism.
Like all life forms, humanity was shaped in a long process of selection. As a result, the human conscience has biological origins. But this seems to contradict evolutionary theory, for the conscience reins in a self-centred elbow mentality. Such a “weakness” cannot produce successful individuals – or can it? 

Due to a basic need to understand the world, humans have always searched for a universally valid order. In this book Gerhard Vollmer combines several essays devoted to aspects of this search. He analyses these aspects with the help of epistemology. The result: the order that structures our world can be described with mathematics and the natural sciences – a supernatural power is not required.
Manfred Vasold
Hunger, Smoking, Vermin
A Social History of Everyday Life in the Modern Era
2016. 424 pages, 19 figures
Hardback with dust cover
€ 29.00 [D]
ISBN 978-3-515-11190-4

All history books ever seem to talk about is wars, treaties, battles and diplomacy. The everyday life of ordinary people is usually left out. This is not the case with Manfred Vasold. It is astonishing how looking at apparently insignificant topics such as the wearing of underwear can say a lot about the everyday history of the so-called little people. Be it mortality, hygiene, or the unpleasant and, for much of history, widespread issue of vermin – much can be deduced from underwear and how wearing habits have changed over time.

P. J. Blumenthal
Kaspar Hauser’s Brothers and Sisters
In search of the wild man
With a foreword by Elfriede Jelinek
442 pages, 14 illustrations
Hardback with dust cover
€ 26.00 [D]
ISBN 978-3-515-11646-6

What makes human beings human? Is it a life in society that makes us what we are? We often hear stories of persons who have survived in the wild without social contact or who were supposedly raised by wild animals. Kaspar Hauser is probably the most well-known example, but certainly not the only one. P. J. Blumenthal has taken up the hunt for the “wild man” Homo ferus on the boundary between man and animal.

Peter Cornelius Mayer-Tasch
A Brief Philosophy of Power
2018. 130 pages, 3 colour and 8 b/w illustrations
Hardback with dust cover
€ 19.90 [D]
ISBN 978-3-515-12035-7

What is power, actually? How does it arise, how does it work and how does it decline? These are just a few of the timeless questions that Peter Cornelius Mayer-Tasch, philosopher of law, political and cultural scientist, discusses in his book. Knowledgeably and entertainingly narrated, the book offers philosophical-historical background knowledge and frequently surprising excursions into our daily lives.

Jörg Scheller, Alexander Schwinghammer (eds.)
Anything Grows
15 Essays in the History, Aesthetics and Significance of Beards
2016. 315 pages, 83 illustrations
Softcover, € 29.90 [D]
ISBN 978-3-515-11410-3

Haven’t you always wanted to know whether your own personal beard style has aristocratic, democratic or even religious origins? Why the 1980s were a beard wasteland, while the 21st century seems to be obsessed with them? In this book, researchers and journalists take a closer look at the many forms, meanings and historical backgrounds of beards in a mixture of playful essays and serious academic studies.